



FATHER'S DAY brunch

in the HELIGAN KITCHEN

There's only 157 yards from kitchen garden to plate at Heligan. Our 2-acre productive garden produces 4.5 tonnes of fruit and vegetables each year and it forms the heart of our menu.

Heligan Kitchen offers flavours inspired by the seasons so you can enjoy a taste of our heritage.

If there's a hungry gap between crops, we support our local suppliers and producers.

Served 9am until 3pm

Breakfast Pastries 	£3	Rare Breed Steak Sandwich	£12
croissant or pain au chocolat, Boddington's jam		ciabatta, fried egg, rocket, pink onion, asparagus, blue cheese sauce	
Heligan Bakery Toast   	£4	Kitchen Garden Breakfast   	£12
with Boddington's jam or marmalade		vegetarian sausages, hash browns, mushroom, tomato, beans, fried or scrambled egg and Heligan Bakery toast	
Rhubarb Oat Muffin 	£4	Full Estate Breakfast 	£13
Granola & Natural Yoghurt  	£6	Heligan sausages, smoked bacon, hash browns, mushroom, tomato, beans, fried or scrambled egg and Heligan Bakery toast	
add berries, honey, or maple syrup		Extra Breakfast Items £1.50 each	
Breakfast Sandwich   	£8	choose from Heligan sausage, vegetarian sausage, smoked bacon, hash brown, mushroom, tomato, beans, fried or scrambled egg	
any three items in Heligan Bakery bread: Heligan or vegetarian sausage, smoked bacon, tomato, mushroom, hash brown or fried egg			
Blood Orange Salad   	£10		
Boddington's strawberry, asparagus, tarragon, pistachio			
Peach Cobbler French Toast 	£10		
yoghurt, honey			
Belgian Waffles 	£10		
choose from bacon and maple syrup or berries and whipped cream			
Loaded Hash Browns	£12		
choose from: Slow Cooked Korean Pork Shoulder, fried egg, spring onion, sesame 			
or Miso Chestnut Mushrooms, spinach, spring onion, coriander  			

Ready to order?

Please order at the till giving your table number and we will serve you at your table

Allergen advice

Please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, mustard, sesame, celery, soybeans, tree nuts, peanuts, fish, shellfish or wheat.

For detailed allergen information, please speak to a member of the Heligan Kitchen team.



Non-gluten
Containing Ingredient



Vegan



Vegetarian



Non-gluten Containing
Ingredient Option



Vegan Option



Vegetarian Option



Nuts